



Affiliated with
Sainik Schools Society,
Ministry of Defence



Managed By
Swa. Kanji Karshan Halai
Education & Charitable Trust



HJD INSTITUTE - KUTCH

HJD SAINIK SCHOOL KUTCH

DAILY ROUTINE : MON TO FRI

ACTIVITIES	TIMING : SUMMER	TIMING : WINTER
REVEILLE	0500 HRS	0530 HRS
MORNING PT/YOGA (MON TO FRI)	0515 – 0600 HRS	0530 – 0600 HRS
WASH AND CHANGE	0600 – 0700 HRS	0600 – 0700 HRS
BREAKFAST	0700 – 0730 HRS	0700 – 0730 HRS
MARCH TO ASSEMBLY	0730 – 0745 HRS	0730 – 0745 HRS
ASSEMBLY	0745 – 0800 HRS	0745 – 0800 HRS
MARCH TO CLASS /ATTENDANCE	0800 – 0810 HRS	0800 – 0810 HRS
I PERIOD	0810 – 0850 HRS	0810 – 0850 HRS
II PERIOD	0855 – 0935 HRS	0855 – 0935 HRS
III PERIOD	0940 – 1020 HRS	0940 – 1020 HRS
RECESS	1020 – 1045 HRS	1020 – 1045 HRS
IV PERIOD	1045 – 1125 HRS	1045 – 1125 HRS
V PERIOD	1125 – 1205 HRS	1125 – 1205 HRS
VI PERIOD	1210 – 1250 HRS	1210 – 1250 HRS
VII PERIOD	1250 – 1330 HRS	1250 – 1330 HRS
LUNCH	1330 – 1430 HRS	1330 – 1430 HRS
QUIET PERIOD	1430 – 1530 HRS	1430 – 1530 HRS
MARCH TO CLASSES	1545 – 1600 HRS	1545 – 1600 HRS
EVENING CLASSES (MON TO FRI)	1600 – 1730 HRS	1600 – 1730 HRS
REFRESHMENT	1645 - 1700 HRS	1645 - 1700 HRS
DRILL/GAME/SPORTS	1730 – 1830 HRS	1730 – 1830 HRS
WASH AND CHANGE	1830 – 1900 HRS	1830 – 1900 HRS
RETREAT	1900 HRS	1830 HRS
SELF STUDY	1900 – 2000 HRS	1900 – 2000 HRS
DINNER	2000 – 2030 HRS	2000 – 2030 HRS
NIGHT ROLL CALL	2030 – 2045 HRS	2030 – 2045 HRS
OPEN DOOR SUPERVISED PREP/STUDY	2100 -2200 HRS	2100 -2200 HRS
OWN TIME WORK	2200 – 2230 HRS	2200 – 2230 HRS
LIGHTS OUT	2230 HRS	2230 HRS

SUNDAY / HOLIDAY

MORNING ROLL CALL	0730 – 0800 HRS
BREAKFAST	0800 – 0830 HRS
SHRAMDAN	0830 – 0900 HRS
RECREATION/ /GAMES/SPORTS/ PERSONAL ADMINISTRATION/ CLEANLINESS	0900 - 1030 HRS
TEA BREAK	1030- 1100 HRS
STUDY UNDER SUPERVISION AT SCHOOL AND INDIVIDUAL COUNSELLING OF CADETS	1100 -1300 HRS
LUNCH	1310 – 1400 HRS
QUIET PERIOD	1430 – 1530 HRS
STUDY PERIOD	1545 – 1645 HRS
EVENING REFRESHMENT	1645 – 1700 HRS
GAMES UNDER SUPERVISION/ SWIMMING / HORSE RIDING	1700 – 1800 HRS
WASH & CHANGE	1800 – 1930 HRS
RECREATION/SELF STUDY/ PERSONAL ADMINISTRATION/ARTI/NEWS	1930 – 2000 HRS
DINNER	2000 – 2030 HRS
NIGHT ROLL CALL	2030 – 2045 HRS
OPEN DOOR NIGHT SELF STUDY	2100 – 2230 HRS
LIGHTS OUT	2230 HRS

NOTE : 1. **House Master/Duty Master to Supervise Night Prep at Hostel.**
2. **Duty House Master to be available in Hostel during Night.**